

SIGN UP TODAY

ON-SITE HEALTH CHECKUPS

NO OUT-OF-POCKET COST TO YOU

www.TimeConfirm.com/OGB

1-877-841-3058

You must schedule an appointment in advance.

WHY PARTICIPATE?

Take a step toward earning your premium credit for 2018. Get to know your health status related to diabetes, heart disease and stroke. Get lab-accurate test results in minutes. Review your results with a licensed Nurse Practitioner and develop a personal plan for greater health and well-being.

IT'S FREE

Your preventive care is covered at 100%. You pay nothing out of pocket.

IT'S PRIVATE

Your personal results are not shared with your employer. With your permission, we'll send your results securely to your Primary Care Provider.

IT'S EASY

Choose a time that works for you. For most people, the entire checkup requires about 30 minutes and is available at or near where you work.

- WHEN:** December 9, 2017 7:00 AM – 1:00 PM
- WHERE:** Student Service Center – Computer Lab (1607 Martin Luther King South)
- WHO:** Primary Blue Cross and Blue Shield of Louisiana OGB policyholders
- WHY:** Participate in a checkup to save money on your 2019 Blue Cross health insurance premium

INCLUDED IN EACH CHECKUP:

- + Total Cholesterol
- + HDL
- + LDL
- + Triglycerides
- + Glucose
- + A1c for known diabetics
- + ALT and AST (liver tests)
- + Height
- + Weight
- + Body Mass Index
- + Comprehensive Personal Health Report
- + Personal Action Plan
- + One-on-One Consult with Nurse Practitioner
- + History of Past Results (beginning year two)